

The Redrock Readiness Newsletter

Episode 15: The Train Game

“A wise man will hear, and will increase learning; and a man of understanding shall attain unto wise counsels.”

—Proverbs 1:5

We would like to apologize for this going out 2 days late, life sometimes happens.

So continuing from last week. You just bought your gun, now what?

Well, first, ***read the owner's manual!*** I mean really read it. Front to back until you know everything that's in it. Have someone you know quiz you about it! You need to know how your weapon operates, how to clean it, maintenance etc. **This is NOT an option!**

Second, **search out good quality and reputable trainers** to provide you with safe, practical, and realistic training! The National Rifle Association (NRA) has several training courses and venues that provide a good foundation of basic skills to build upon. However, they are not the end all be all! There are several other legitimate entities out there which provide similar (if not identical) certifications used by both law enforcement and the military. Think of the NRA as your “High School” level of gun training, and keep in mind that more advanced “degrees” are available as well.

D: Would you go to an 8-hour workshop on piano playing, and then never go to a class again? Lots of people do this with weapons. It's not a “one and done” proposition. You oughta approach weapons training the same way you do musical instrument training: think regular practice and lessons done over a long period of time. **Plan to take different firearms courses every few months and keep up your regular dry-press practice (more on that later).**

Beau: Another good filter for great training is this: **any trainer that says that their way is the only way, you should immediately walk away from.** As a trainer myself, I am constantly going to new schools and classes and finding new and better techniques, as ideas and philosophies in the shooting world are constantly changing and evolving.

Also, **don't be afraid to ask a trainer what credentials they hold.** If they can't—or won't—produce any... or if they don't have any credentials...or they say that their DD form 214 (military credential) is classified, than they are not someone that you want to associate with.

Another thing that a lot of trainers won't tell you is that **dry press practice is a fantastic way to train without having to leave your home. Or use ammo.** Dry press (sometimes called “dry fire”) practice lets you learn how to use your sites and execute a proper trigger squeeze. I use this method all the time

myself and it works! Danielle can attest to this too! If you decide to try dry press practice **PLEASE please PLEASE, TRIPLE CHECK that NO AMMO is in the room with you.**

D: Kathy Jackson, my fave firearms trainer, has an article that'll walk you through **the ins and outs of safe dry press practice!**

<http://www.corneredcat.com/article/practice-time/dry-fire-safety/>

Tune in next week for more emergency preparation tips!



Hey hey! Did you guys see this month's Ensign magazine? Page 78's got an article about a guy who was able to help out some widows 'cos he'd prepared ahead of time. And, as you know, I super-support helpin' widows because they usually have kitties like me!!

Do us both a favor and stockpile some tuna in your human prep stash—canned or pouch will do. If you have other pets, make sure you got a 30-day food supply on hand for them, too!

Please don't forget your little furry buddies like me!! Hurry up Meow!!!